



Impact Report

Remote Community Development

January - June 2026

YOUR IMPACT

We are on a mission to improve education, child protection, youth development, health and community resilience in remote Nepal, while sharing knowledge and lessons that can benefit other regions. Here are some highlights of this vital work from January to June 2026:

Adara supported schools achieved exceptional Secondary Education Examination (SEE) (Grade 10) results, with Yalbang School achieving a 97% pass rate and Ghyangfedi School achieving a 95% pass rate - both significantly exceeding the national overall pass rate of 85.4%.



Adara constructed earthquake resilient health infrastructure including a maternity waiting room, laboratory and sanitation facilities in Syada, and refurbished five classrooms at Santa School.



Adara-supported health facilities in Humla achieved 100% institutional delivery, meaning all births took place in a health facility with a skilled birth attendant, and recorded 100% maternal survival across 28 live births.



50 teachers, School Management Committee members, and senior students from eight schools in Humla, Nepal, participated in a three-day Child Protection Training, strengthening safeguarding systems, child protection policies, and safe learning environments.



Ghyangfedi School achieved an impressive 100% Grade 12 pass rate in both Science and Law streams, setting a benchmark for educational excellence in the region and expanding pathways to higher education. These results are significantly higher than national overall pass rate of 64.13%.

We send this impact report during the devastating crisis unfolding in Nepal. The Adara family is shocked by this devastating flood event and are stepping forward to be of support to the communities we work with and the Nepali people. Nuwakot District, where our work in Ghyangfedi is based, has been badly affected by the wider disaster. Thankfully, the Ghyangfedi schools have not been directly impacted at this stage.

We are deeply grateful to the many supporters who have stepped forward so generously in recent weeks to support communities affected by the floods. Your compassion and willingness to act quickly are helping Adara to provide immediate relief while laying the foundations for longer-term recovery. Crisis like this underscore why long-term investments in health, education, child protection and community resilience matter. Thank you for standing with us.

EDUCATION

Together with your support, Adara is strengthening the education system in remote communities in Nepal so that more children can access a quality education and achieve better learning outcomes. We partner with 15 government schools reaching more than 1,796 students across two remote regions. Our current strategy focuses on strengthening the foundations that drive educational success: improving teaching quality through teacher training and coaching; building the capacity of school leaders; engaging parents and caregivers in their children's learning; providing targeted remedial support for students who need additional assistance; and helping create safe, inclusive and child-friendly learning environments where all students can thrive.



Improving Learning Outcomes

- The introduction of remedial teaching and learning contributed to improved SEE achievement across most Adara- supported schools, with overall pass rates increasing substantially. The most significant progress was seen in Chauganfaya, where the pass rate increased from 19% in 2025 to 65.2% in 2026 and Yalbang, which improved from 86% to 96.9%. These improvements were stronger than the National and Karnali averages.
- Every Grade 12 student in Ghyangfedi's Science and Law streams successfully passed their final examinations. With a pass rate well above the national average of 64.13%, these results are opening pathways to higher education for more young people from this remote community.

Parents as Partners in Learning

- Parent Education Training was successfully completed across 15 schools in Humla and Ghyangfedi, reaching 770 parents of children from early childhood education to Grade 5. The sessions focused on parental engagement in children's schooling and education as well as health and nutrition, positive discipline, and creating supportive home learning environments. Parents actively participated in discussions and shared experiences and made recommendations for strengthening parent-school connectivity. Pre- and post-training assessments demonstrated significant improvements in parental knowledge, attitudes, and engagement in children's education.
- As a result of this training, a parental monitoring system has been initiated in participating schools to strengthen home-school collaboration. By strengthening home-school collaboration, these efforts are fostering greater parental involvement and supporting improved outcomes for children.

Removing Barriers to Education

- To promote equity, improve attendance and support student learning, school uniforms and educational materials were distributed to all 1,796 students across 15 schools in Humla and Ghyangfedi. The support package included school uniforms, school bags, shoes, undergarments, socks, raincoats, and stationery items. In addition, 19,870 exercise books were distributed during the reporting period. This initiative aims to reduce discrimination based on appearance, encourage school enrolment, attendance, particularly among girls, and create a more conducive learning environment.

Strengthening Teaching and School Leadership

- Three additional teachers were recruited at Shree Ghyangfedi Secondary School in the subjects of Mathematics, English, and Computer Science. These positions were created to address teacher shortages in critical subject areas and improve educational quality. The teachers have demonstrated strong commitment and professionalism, contributing significantly to student learning outcomes through improved curriculum. The recruitment of these teachers has also reduced teacher workload, enabled better lesson planning, and strengthened overall school management.
- A Community of Practice (CoP) was established among seven head teachers in Humla to promote professional learning, collaboration, and improvement in school leadership and management. The first meeting was conducted in June 2026 and will continue on a quarterly basis. Key discussion topics included school management challenges, teacher support and professional development, community engagement and remedial teaching and learning. The CoP provides a valuable platform for head teachers to share experiences, discuss challenges, and identify practical solutions for improving school performance.
- Adara strengthened teacher capacity across Humla and Ghyangfedi through training in child-friendly pedagogy, project-based learning, and implementation of Nepal's integrated curriculum. A training needs assessment conducted in January 2026 identified teaching methodology, lesson planning and active learning techniques as areas for capacity building in Adara-supported schools. In response, between March and June 2026, 96 teachers from 14 schools participated in professional development activities designed to improve teaching quality, classroom engagement, and student assessment practices.

Targeted Support for Student Success

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Photo: Child protection workshop at Namkha Rural municipality, Yalbang

Returning to Give Back: Chameli's Story

When Chameli accepted a teaching position at Adara-supported Indrayani Basic School in remote Ghyangfedi, Nepal, she saw it as an opportunity to give back to the community she grew up in.

When she entered the classroom, she quickly looked for opportunities to improve the learning experience for her students. And through Adara-supported teacher training, she gained practical skills to make learning more engaging and interactive.

Chameli has used these approaches to encourage greater student participation, improve learning outcomes and strengthen connections between the school, families and the wider community. Her dedication has helped create positive changes in classroom culture, student confidence and school attendance.

For Chameli, the greatest reward is seeing children gain confidence, participate in class and enjoy coming to school.

"My greatest motivation is the smiles of students," Chameli says. "Thanks to Adara for inspiring me and helping me to create a child-friendly learning environment for the students."

You can read her story [here](#).



Photos: Chameli helping to create positive change in schools

CHILD PROTECTION

Adara is committed to ensuring every child is safe, feels safe, and can thrive. We work to strengthen the systems that protect children by engaging government, schools, parents and communities to prevent abuse, neglect and exploitation, and to respond effectively when concerns arise. By building local capacity and influencing policy, we aim to create safer environments and stronger protection mechanisms for children across Nepal.



- In January, child protection awareness sessions on “Good Touch and Bad Touch” were conducted at Shree Ghyangfedi Secondary School and Red Panda School. The sessions aimed to help young children understand appropriate and inappropriate physical contact, recognise unsafe behaviour, and seek support from trusted adults when needed. Students were also introduced to the concepts of good and bad habits, helping them better understand personal safety and wellbeing.
- A three-day Child Protection Training was conducted at Shree Ghyangfedi Secondary School, bringing together 50 participants, including teachers from eight schools, School Management Committee (SMC) members, and Grade 11 and 12 students. The training was facilitated by a leading child protection expert and is the first step in a series of actions Adara will support to strengthen child protection systems in schools. This training will be followed up with further training and support for the development of child protection policies - promoting safe and child-friendly learning environments, enhancing reporting and response mechanisms, and building a culture of zero tolerance for corporal punishment and abuse.
- To strengthen student safety and awareness, Adara developed and distributed a series of Information, Education and Communication (IEC) materials across schools in Humla and Ghyangfedi. Covering key child protection topics including good touch and bad touch, bullying prevention, child marriage, safeguarding, and school codes of conduct. Additionally, posters were displayed in classrooms from Grades 1 to 12. Students were also oriented on these topics, reinforcing child protection awareness and promoting safer school environments.
- In June, Adara provided technical support to Namkha and Simikot Rural Municipalities in Humla through Child Protection Policy Development Workshops. The workshops were facilitated by a child protection expert and brought together head teachers, education officers, local government representatives, SMC members, and child protection officers. A total of 72 participants from Simikot and 46 participants from Namkha attended the workshops. The workshops aimed to strengthen local government capacity to develop, endorse, and implement child protection policies. Following the workshops, both municipalities have initiated the drafting process for their respective child protection policies.

YOUTH

We support young people to access vocational and higher education, helping them build pathways to meaningful employment. Beyond education, we amplify their voices – empowering youth to shape the policies and plans that impact their lives and communities.



- In March, the Adara-supported Youth Club in Ghyangfedi held their annual meeting to review achievements from the previous year and set priorities for the year ahead. Core members identified key areas for action, including raising awareness of human trafficking, supporting school dropouts through vocational training, preventing child marriage, promoting waste management and nutritious local foods, and advocating for a local fund to sustain youth club activities. Members also prioritised establishing a disaster response committee and expanding life skills training and employment opportunities for young people. The meeting concluded with a collective commitment to strengthening youth leadership and contributing to the well-being and resilience of the community.
- In partnership with the Youth Initiative, Adara supported Moon Camp 2026 at Shree Ghyangfedi Secondary School. Young people from across Nepal joined Ghyangfedi students to repaint the school and create vibrant wall murals, building creativity, teamwork and new connections across communities.
- In total, 336 young people from Humla and Ghyangfedi received support for tertiary and vocational education between January and June 2026. Employment outcomes remain encouraging, with 53% of Humla youth and 63% of Ghyangfedi youth currently employed, demonstrating the relevance and effectiveness of Adara's youth development initiatives.

Making History in Nepal: Meet Kiran

When the results of Nepal's national Secondary Education Examination (SEE) were released in 2026, Grade 10 student Kiran achieved something no student before him had accomplished.

With an outstanding GPA of 3.70 (A+), he became the highest-scoring student in the history of Shree Karnali Secondary School in remote Humla, Nepal.

For Kiran, the achievement represents years of hard work, determination and a love of learning. It is also a powerful reminder of what is possible when young people in remote communities have access to quality education and the opportunity to thrive. You can read his story [here](#).



Photo: Kiran in school

HEALTH

We strengthen local health systems to improve access to quality care by partnering with government facilities, investing in community outreach, and supporting traditional health practices that align with safe and effective care.



- During the second quarter of the year, Adara conducted a three-day onsite coaching and mentoring programme at Ghyangfedi Health Post for three nurses. The practical training strengthened participants' skills in maternal and newborn care, postpartum haemorrhage (PPH) management, newborn resuscitation, and emergency response. The programme increased participants' confidence, teamwork, and readiness to provide quality healthcare services despite ongoing resource and infrastructure challenges.
- In addition, training was provided to 30 youths and Female Community Health Volunteers (FCHVs) in Ghyangfedi on the safe use of stretchers for transporting pregnant women and providing basic first aid. In Ghyangfedi, difficult terrain, dispersed settlements and distances to health posts mean that mothers must travel far under difficult circumstances to reach a quality birth attendant when they are in labour. The training aimed to strengthen referral and transportation systems in these remote conditions to improve timely access to health facilities, and reduce home deliveries. Programme monitoring indicates a significant increase in institutional deliveries compared with the same period last year, rising from 35% to 63%, meaning significantly more mothers are giving birth in health facilities with access to skilled care.
- During the January to June period, Adara initiated a community Water, Sanitation and Hygiene (WASH) and Cleanliness Programme in Syada, Santa, and Yangu villages. Key activities included community orientation sessions, construction of waste disposal pits, formation of community groups, and the launch of bi-monthly community cleaning campaigns. The programme aims to promote cleaner, healthier, and more hygienic communities through active community participation and ownership.
- Adara launched the Household Scoreboard Programme, a household counselling initiative that uses a simple pictorial scoreboard to help families adopt healthy practices related to maternal, newborn and child health, nutrition, WASH, and family support. During the quarter, 11 health workers and 12 Female Community Health Volunteers were trained in household counselling, use of the scorecard, and reporting tools. Initial implementation began with four households completing the process, generating early lessons to inform programme refinement and further implementation.

- Following consultations with district and national stakeholders, progress continued on the establishment of a Nutrition Rehabilitation Centre (NRC) at Humla District Hospital. Infrastructure repair and renovation, as well as procurement of equipment and essential materials, were initiated to support operationalisation of the centre. To prepare for the opening of the Nutrition Rehabilitation Centre (NRC), Adara participated in a five-day practical training programme in Kathmandu alongside NRC employees. Delivered in partnership with Youth Foundation Nepal's Nutrition Rehabilitation Home and the Nutrition Section of the Family Welfare Division, the training strengthened participants' skills in the clinical management of malnutrition, NRC operations, kitchen management, and therapeutic food preparation.
- School health activities over this period focused on menstrual health, personal hygiene, adolescent health, and safer school environments. Menstrual health education reached adolescent girls in six schools, supported by the distribution of 940 reusable sanitary pads and 472 pairs of underwear. Hygiene promotion sessions reached 129 children, while 628 pairs of underwear were distributed to younger students in Humla. A further 95 adolescents received training on sexual and reproductive health, rights, and child protection. Schools also received first aid supplies and support to strengthen food safety and hygiene practices.

Lifesaving maternal care in remote Nepal: Manisha's story

For 29-year-old Manisha, access to skilled maternal care proved lifesaving during her second pregnancy.

Living in the remote village of Dharapori in Humla, Nepal, Manisha had delivered her first baby prematurely at home and nearly lost her life. As a result, she was worried that similar challenges might arise during her second pregnancy.

Thankfully, this time Manisha received regular support from a Female Community Health Volunteer and attended all eight recommended antenatal care visits at the Adara-supported Chauganfaya Birthing Centre. When complications arose during and after the birth of her premature baby boy, Sonam, skilled health workers provided the urgent care both mother and baby needed.

Today, Manisha and baby Sonam are healthy and thriving. Their story highlights the importance of quality maternal and newborn healthcare, from pregnancy and childbirth through to postnatal care, for families living in remote communities. You can read her story [here](#).



Photo: Baby Sonam, Chauganfaya Birthing Centre

COMMUNITY RESILIENCE

We support remote communities to anticipate, prepare for and respond to climate changes, disasters and crises. We do this through food security, agriculture, disaster risk reduction and infrastructure projects.



- With Humla recently connected to the national road network, road safety has become an increasing concern. More than 30 road accidents and seven fatalities were recorded in the district over the three years to 2024. In partnership with the District Traffic Police Office, Adara delivered a road safety orientation for 83 drivers, vehicle owners, transport committee representatives and other stakeholders to strengthen knowledge of traffic regulations, promote safer driving practices, and help prevent future accidents.
- Several health infrastructure improvements were undertaken in Syada, including construction of a lightweight earthquake-safe maternity waiting room, establishment of a laboratory facility, improvement of the birthing centre and construction of a toilet facility. These interventions introduced earthquake-resilient building concepts and models to the community while simultaneously strengthening maternal, newborn, and child health services and improving the quality of diagnostic and healthcare services.
- Structural improvements were completed in five classrooms at Santa School to reduce disaster-related vulnerabilities and prevent disruption to education. Renovation works included improvements to walls, floors, doors, and windows, creating a safer learning environment for approximately 70 students across various grades. The upgraded classrooms now provide a more secure and conducive space for regular teaching and learning activities.
- Syada is a densely populated village with significant sanitation challenges. Poor toilet infrastructure and open defecation have posed serious public health risks to the community. To improve sanitation and hygiene conditions, Adara supported the construction of 50 household toilets, out of which nine were completed during this period. These facilities are now in use and have contributed to reducing open defecation practices, lowering sanitation-related health risks and promoting improved hygiene behaviours and community awareness.
- Adara continued to actively engage with the District Disaster Management Committee, Education Cluster Group and National Disaster Risk Reduction and Management Authority (NDRRMA). During the period, Adara contributed to the Education Sector Monsoon Preparedness Plan 2026 and provided input on district disaster preparedness and response measures. Key activities focused on strengthening school preparedness through planning, coordination, disaster awareness, early warning systems, and mitigation of monsoon-related risks.

KNOWLEDGE SHARING

We strive to share the data, insights, training resources and lessons learned gained through more than two decades of field experience, helping to scale impact locally, nationally and globally.



- Adara developed a Maternal Newborn and Child Health Counselling Handbook to equip nurses and Female Community Health Volunteers with practical guidance on household counselling and use of the Household Scoreboard. Based on Government of Nepal MNCH guidelines, the handbook supports consistent, high-quality counselling on maternal and child health, nutrition, WASH, and family care during the first 1,000 days of life.
- Adara produced a policy brief on “Advancing Institutional Delivery in Remote Nepal: Way Towards Safe Motherhood.” The policy brief draws on 28 years of experience in delivering quality maternal, newborn, and child health services in Humla district, and presents evidence and lessons learned from Adara’s partnership with government across five health facilities in Humla. This brief will be used for engagement with local and national government and other NGO partners to advocate for targeted investments in maternal and newborn health in remote areas.
- The Adara team conducted a meeting with Nepal’s Education Minister Sasmit Pokhrel. Drawing on Adara’s extensive experience working in Humla, the team shared recommendations on key education reforms needed to improve the quality education in remote and underserved communities. The discussion highlighted challenges related to teacher deployment, learning outcomes, school governance, and the need for context-specific approaches to strengthen Nepal’s education system. Adara submitted recommendations advocating for the replication of the Yalbang and Ghyangfedi education models to improve education outcomes in remote communities across Nepal.
- Adara’s research paper on safe motherhood in remote Humla, Nepal has been published in the peer-reviewed journal Critical Public Health. This is a significant contribution to the global evidence base on maternal and newborn health in remote and low-resource settings. Grounded in community-based research, the paper offers practical insights for practitioners, policymakers and organisations working to strengthen maternal and newborn health systems in remote and low-resource settings and highlights the importance of community-led, culturally informed approaches alongside health system strengthening.

WHAT'S AHEAD?

We send this impact report during the devastating crisis unfolding in Nepal. Families across Nepal have lost loved ones, homes and access to essential services after catastrophic flash floods swept through parts of the country. Communities now face urgent shortages of food, safe water, shelter and medical care.



Adara is responding alongside communities, local government and partners to support immediate relief efforts while also beginning to assess longer-term recovery and rebuilding needs. Our long-term presence in remote mountain communities means we have trusted local relationships, a deep understanding of community priorities, and the ability to mobilise support quickly where it is needed most. In the weeks and months ahead, helping communities recover from this disaster will be a major focus of our work.

We are deeply grateful to the many supporters who have already stepped forward to help. Their generosity is enabling immediate assistance today while helping lay the foundations for recovery in the months and years ahead.

While responding to urgent needs arising from the floods will remain a key priority in the months ahead, Adara's long-term development work continues alongside the emergency response. Over the next six months, we will focus on strengthening the quality and sustainability of education, health, child protection and community resilience initiatives, while supporting communities to recover and rebuild.

Key priorities include expanding remedial learning and teacher mentoring, embedding child protection systems within schools and local government, operationalising the new Nutrition Rehabilitation Centre at Humla District Hospital, and scaling household health and nutrition counselling through the Household Scoreboard programme. Food security and climate resilience efforts will continue through the construction of 100 greenhouses, training for 100 farmers, poultry and kitchen garden initiatives, and expanded climate-smart agriculture activities. We will also support the construction of 50 household toilets, strengthen disaster preparedness through training and hazard mapping, and continue environmental education initiatives that promote long-term resilience.

Alongside this work, we will continue to capture and share lessons from remote communities. Upcoming resources include a Humla nutrition factsheet, a learning video showcasing the Syada School Kitchen Garden model, and a youth outcomes resource that highlights what we are learning about supporting young people to thrive in some of Nepal's most isolated regions.

As part of Adara's long-term strategy, we are working alongside communities and government partners to ensure that the progress achieved together can continue for generations to come. Across our school and health partnerships, we are strengthening local systems, building leadership capacity and supporting communities to sustain and build on the progress achieved together. This work reflects our belief that lasting change is strongest when it is led locally. We are encouraged by the commitment and capability we continue to see among teachers, health workers, community leaders and government partners.

Thank you for standing with the people of Nepal. Your support is helping children learn, families stay healthy, communities become more resilient, and local leaders build a stronger future. At a time when many families are recovering from the devastating impacts of the floods, your partnership is making a meaningful difference. We look forward to sharing more stories of progress and resilience with you in the months ahead.

Whilst we have gratefully secured the funding for immediate relief, if you would like to consider supporting communities for the longer term, you can make a donation [here](#).

THANK YOU

With the incredible support of our donors, partners and the Adara businesses, we look forward as we head towards 30 years of Adara and beyond! Thank you for standing with us.



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