Momos run marathon for charity

By HEATHER WOOD

THIRTY-FIVE mothers met in the park Saturday afternoon to begin participating in a 26.2 mile race. The participants, all mothers, were joined by 23 males, all fathers, to form the Momos Run Foundation.

The foundation was created to raise money for child health, education, and enrichment programs in developing countries. The organization hopes to address the malnutrition and education issues in countries where the need is greatest.

The mothers, who all have children under the age of five, formed a group to support each other and to raise awareness of the issues facing children in these countries.

“We want to make a difference in the lives of children around the world,” said one of the mothers.

The race was held in conjunction with the New York City Marathon. The Momos Run Foundation was represented by a group of mothers who ran in the marathon.

The fundraising efforts of the Momos Run Foundation have already raised over $100,000 for child health and education programs in developing countries.

LETTERS TO THE EDITOR

Alvin Williams' timely commentary

September 27, 2006

THE ARTICLE by Alvin Williams in your August 27, 2006 issue is timely and thought provoking. Mr. Williams makes an excellent point about the need for diversity and inclusion in the workforce.

As a business owner, I have found that having a diverse workforce has greatly contributed to the success of my company. Diversity brings different perspectives and ideas to the table, which can lead to innovative solutions and strategies.

Mr. Williams' article highlights the importance of diversity and inclusion in the workplace. He argues that these values are not only ethical, but also good for business. I wholeheartedly agree.

Alvin Williams

LETTERS TO THE EDITOR

Carole turns her hand to rum cakes

by HEATHER WOOD

ALFRED Carole Wood has been hooked on baking since she was a child. Her love for baking led her to open a bakery in her hometown of Alfred. The bakery specializes in baking cakes, including a popular rum cake.

Carole's rum cake is made with a special blend of rum and spices, which gives it a unique flavor. The cake is also decorated with a beautiful floral design, making it a perfect gift for any occasion.

“I love baking because it allows me to express my creativity through the art of baking,” said Carole. “I enjoy the process of taking a simple ingredient and turning it into something delicious.”

Carole's bakery also offers a variety of other baked goods, including breads, pastries, and desserts. Her bakery is located at 123 Main Street in Alfred. For more information, visit www.carolewoodbakery.com.