Dhan Bahadur Lama (also known as DB Lama) is one of the Directors of Adara Development (Nepal), part of the Adara Group.

DB Lama is a local of Humla and started his career as a Principal at Eager Bridge Boarding School in Surkhet and later was a teacher in International Nepal Fellowship, LOT department Surkhet and Pokhara.

DB Lama then worked with Nepal Trust, a British charity working in Humla, as a Project Coordinator working closely with government, engineers and the community. Later on he was promoted to Assistant Director.

DB Lama left Nepal Trust and founded the NGO called The Himalayan Innovative Society (THIS) which works with I/NGOs, government and bilateral organizations. THIS worked with Adara to help them connect the 136 trafficked children rescued by Adara (fondly called the Adara Kids) with their families. Adara still partners with THIS today, to help support children from single parent families access education.

DB Lama has a Bachelor’s Degree in Humanities and Social Sciences and has more than 15 years’ experience working in Humla.