



## AUDETTE LENDS A HAND IN NEPAL

**AUDETTE Exel has arrived in earthquake-torn Nepal armed with equipment that will hopefully help get hundreds of lives back on track.**

She left Sydney a few days ago with portable ultrasounds, water purification equipment, tablets, medicines and solar lanterns. Ms Exel has now begun work alongside the teams that have set up medical camps as part of the recovery effort.

Ms Exel is the founder of Adara Group, an international not-for-profit organisation providing services to people living in poverty in Nepal and Uganda.

She said many people thought she was “completely crackers” when she kickstarted the group 17 years ago. But Ms Exel said it is in



**Audette Exel**

times of crisis that she realises her work is worth it.

Nominations have now opened for this year's Telstra Business Women's Awards to recognise the outstanding achievements of women across all areas of business.

New categories include start-up, entrepreneur, for purpose and social enterprise.

To nominate someone visit [womensawards.com](http://womensawards.com) or phone 1800 817 536.